



To: Certified Community Behavioral Health Clinics (CCBHC)

From: Cissie M. Bollinger, Licensing & Certification Manager

Date: June 3, 2024

Subject: CCBHC Services and Required Evidence-Based Practices.

Substance Abuse and Mental Health Services Administration (SAMHSA) Certified Community Behavioral Health Clinics (CCBHC) certification criteria references Evidence-Based Practices (EBP) in the requirements below. See the attached document SAMHSA EBP Criteria for the full requirement.

- Requires the CCBHC or the Designated Collaborating Organization (DCO)s to provide evidence-based services using best practices for treating mental health and substance use disorders across the lifespan.
- The CCBHC is responsible for providing directly, or through a DCO, evidence-based rehabilitation services for both mental health and substance use disorders. Psychiatric rehabilitation services must include supported employment programs designed to provide those receiving services with on-going support to obtain and maintain competitive, integrated employment (e.g., evidence-based supported employment, customized employment programs, or employment supports run in coordination with Vocational Rehabilitation or Career One-Stop services). Certifying states should specify which evidence-based and other psychiatric rehabilitation services they will require based upon the needs of the population served above the minimum requirements.
- Certifying states must establish a minimum set of evidence-based practices required of the CCBHCs.

Oregon CCBHCs will provide at a minimum the following evidence-based practices:

- Early Assessment Support Alliance (EASA)
- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavioral Therapy (DBT)
- American Society for Addiction Medicine (ASAM) Criteria
- Relapse Prevention
- Motivational Interviewing
- Supported Employment

Why is this happening?

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This memorandum is being issued to document a change in OHA's requirements of CCBHCs and to clarify how to comply with Federal Requirements 4.f.1 and 4.i.1 regarding Evidence Based Practices.

What should you do?

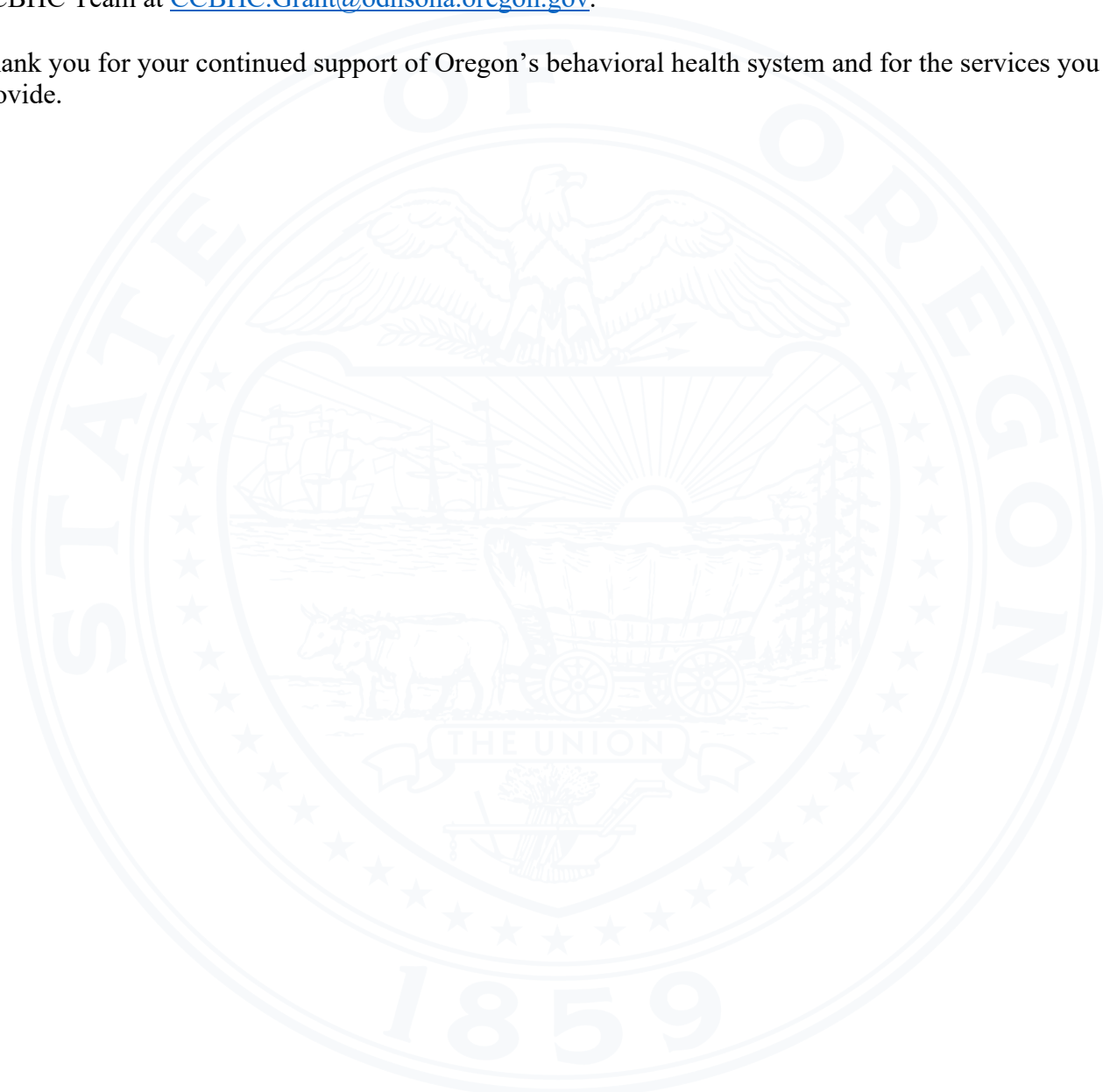
Each provider should ensure that they have written policies and procedures/processes indicating how these evidence-based practices are provided.

Questions?

If you have any questions about this memorandum related to the 2024 compliance review, contact Ryan Williams at Ryan.J.Williams@oha.oregon.gov and copy the CCHBC Demo CCBHC.Grant@odhsoha.oregon.gov.

If you have questions about CCBHCs not related to compliance or the upcoming review, contact the CCBHC Team at CCBHC.Grant@odhsoha.oregon.gov.

Thank you for your continued support of Oregon's behavioral health system and for the services you provide.



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